



## What is the YouthThink Toddlers 2 Teens Parenting Boot-Camp?

YouthThink knows that raising a child and coordinating a family is one of the most important and difficult jobs around. We also believe that with a little help and direction in just the right areas you can have the family you have always dreamed of. What's important is getting on the right track and starting with a foundation that makes sense and one you can count on.

YouthThink is proud to be the pilot community for this groundbreaking resiliency building project which is leading children and youth to better behaviors. T2T encourages the promotion of emotional literacy through the lens of secure attachment. We all know how important reading literacy is. Emotional literacy is just as important and just may be the missing piece to your parenting struggles.

YouthThink knows that you are busy and that you care wildly about your family. In this quick yet very informative 2 hour one time class you will be on your way to raising your own emotional literacy level as well as dramatically impacting the lives of your children. Sound too good to be true? This is what the T2T Parenting Boot-Camp can do for you:

- Teach you to identify and understand that the feelings your children are having are real
- Help you understand that feelings come before a behavior
- Provide you with tools to help your children “do something” about their feelings
- Help you reduce confusion and uncertainty related to your children’s behavior
- Improve the relationship with your children as they learn how to understand and “do something” appropriate about their feelings
- Help to ensure that you and your children feel good about their behavior
- Introduce you to the importance of resiliency and how social-emotional learning through the lens of secure attachment will help you and your child strengthen your resiliency bounce back.

The Boot-Camp experience will not be lecture style. We will get right into “playing” with the T2T Tools 2 Tips Pack and practicing how to use it with your children. We will talk about real life situations and build a support network amongst parents who are experiencing the same joys and frustrations that you are.

Each participating family will receive their own Toddlers 2 Teens Tools 2 Tips Pack (\$35 value).





## Introducing YouthThink's Toddlers 2 Teens Parent Boot-Camp

Be one of the first to experience this ground breaking and very powerful effort that will quickly help you better understand and connect with your child and other family members.

***Plus with your participation you can receive your own  
Toddlers 2 Teens Pack!***

Please help us in our journey to help Wasco County Families help themselves and get one step closer to "Do Something" about building better behavior in every family.

### It's EASY! Six simple steps

- One**            Select a Boot Camp date
- Two:**            Contact the YouthThink office by phone, mail or email so that we can send you your official registration packet (541-506-2673, [debby@co.wasco.or.us](mailto:debby@co.wasco.or.us), 610 Court St. The Dalles)
- Three:**          Complete the pre-camp form and email/mail to YouthThink so that your Boot Camp experience can be tailored to your specific needs
- Four:**            Attend your FREE Boot Camp and enjoy 2-hours of eye-opening fun and skill development and receive your own T2T Tools & Tips pack
- FIVE:**            Take part in the easy on-line post Boot Camp cheerleading follow-up sessions in the convenience of your own home

Toddler 2 Teens Boot-Camps are for parents, grand-parents and or caregivers for children/youth ages 0—17.  
**Be sure and check out our new Teen version.**

<u>Day</u>	<u>Date</u>	<u>Time</u>
Tuesday	September 19	6:00 pm – 8:00 pm
Monday	September 25	6:00 pm – 8:00 pm TEEN
Monday	October 9	6:00 pm – 8:00 pm
Monday	November 6	6:00 pm – 8:00 pm
Tuesday	November 7	6:00 pm – 8:00 pm TEEN
Monday	December 4	6:00 pm – 8:00 pm
Monday	January 22	6:00 pm – 8:00 pm
Monday	January 29	6:00 pm – 8:00 pm TEEN
Tuesday	February 13	6:00 pm – 8:00 pm
Monday	March 5	6:00 pm – 8:00 pm
Monday	March 12	6:00 pm – 8:00 pm TEEN
Monday	April 9	6:00 pm – 8:00 pm
Monday	April 30	6:00 pm – 8:00 pm TEEN
Monday	May 7	6:00 pm – 8:00 pm

**All Boot Camps are held at the YouthThink Office located at  
610 Court St. in The Dalles**